

CARE INSTRUCTIONS

esthetic bridge care

1. Brush your esthetic bridge using a separate toothbrush and a non-abrasive cleaner such as *Polident Fresh Cleanse Foaming Cleanser* or water.
2. Clean before and after each use, especially if food gets caught underneath.
3. Use daily soak for 20 minutes or overnight. For stubborn stains or build-up, use *the Novadent Denture and Dental Appliance Cleaner* (available for purchase at our office).
4. Do not bite into hard/crunchy foods directly with the esthetic bridge.
5. Speech may be affected. To help with this, practice reading out loud.
6. Keep your models in the event of a repair (they may be useable if there have been no significant changes in your mouth)
7. We offer complimentary adjustments as often as needed for the first 3 months.