

CARE INSTRUCTIONS

soft tissue conditioning treatment

1. Do not use denture adhesives such as *Polygrip®* or *Fixodent®*, as these adhesives may peel off the tissue conditioning material.
2. Clean your dentures on the outside with a brush and a gentle antibacterial cleanser (such as *Polident Fresh Cleanse Foaming Cleanser®*). Do not use toothpaste as it can leave fine scratches on your denture where bacteria can harbour.
3. Do not soak in *Polident®* tablets or any effervescent cleaners, as they contain ingredients that will damage the soft lining.
4. Remove the denture and soak it in plain water overnight.
5. Soft tissue liners are temporary. Your dentist will discuss permanent treatment options with you.
6. If you have any questions or concerns, please feel free to call the office at (204) 253-6140.